



East Boulder Recreation Center Lap Pool

September 1 - 13

The East Boulder Recreation Center pools will be open on Labor Day - Mon, Sept 1 from 8:00am-1:00pm

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
5:30am	BAM 5:40-7:00 *2 lanes		BAM 5:40-7:00 *2 lanes		BAM 5:40-7:00 *2 lanes					
6:00am										
6:30am										
7:00am	Lap Swim 7:00-9:00		Lap Swim 5:30-11:00		Lap Swim 7:00-9:00	Lap Swim 7:00-9:00	Lap Swim 7:30-9:15			
7:30am										
8:00am										
8:30am										
9:00am	H²O Fitness 9:00-10:00 *5 lanes		H²O Fitness 9:00-10:00 *5 lanes		H²O Fitness 9:00-10:00 *5 lanes	Swim Lessons 9:15-11:30 *6 lanes begins 9/13				
9:30am										
10:00am	Lap Swim 10:00-12:00		BAM 11:00-12:00 *5 lanes		BAM 11:00-12:00 *5 lanes	Lap Swim 10:00-12:00				
10:30am										
11:00am										
11:30am										
12:00pm	BAM 12:00-1:00 *5 lanes		BAM 12:00-1:00 *5 lanes		BAM 12:00-1:00 *5 lanes	Lap Swim 11:30-5:30	Lap Swim 9:00-7:30			
12:30pm										
1:00pm	Lap Swim 1:00-4:00		Lap Swim 1:00-4:00		Lap Swim 1:00-4:00					
1:30pm										
2:00pm										
2:30pm										
3:00pm										
3:30pm										
4:00pm	Boulder Swimming 4:00-6:00 *2 lanes	Blr Swim 4:00-5:30 *2 lanes 9/9 only	Boulder Swimming 4:00-6:00 *2 lanes	Boulder Swimming 4:00-6:00 *2 lanes	Boulder Swimming 4:00-6:00 *2 lanes					
4:30pm										
5:00pm		5:30-6:00 *1 lane								
5:30pm										
6:00pm	6:00-7:00 *5 lanes	Lap Swim	6:00-7:30 *3 lanes 9/10 only	EXPAND & Bldr Swim 6:00-7:00 *2 lanes	6:00-7:30 *3 lanes 9/12 only					
6:30pm							6:40-7:15 *7 lanes			
7:00pm	Rev Run 7:00-8:00 *5 lanes			7:00-7:30*6 lanes						
7:30pm										
8:00pm	Lap Swim 8:00-9:00	Lap Swim 7:15-9:00	Lap Swim 7:30-9:00	Lap Swim 7:30-9:00	Lap Swim 7:30-9:00					
8:30pm										
9:00pm										

*Indicates # of lap lanes available to public for lap swimming

****POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME****

For more information call 303-441-4400 or go to www.boulderaquatics.org